

Training Checklist

The numbered Steps on the checklist match those in the Quick Start Guide

Have your patients read the User Guide and Quick Start Guide before the training



Prepare For Training

Be sure to have:

- ☐ CeQur Simplicity™ patch and Inserter
- ☐ Vial of rapid-acting insulin or sterile diluent for demonstration
- ☐ Alcohol wipes, sharps container, and practice cushion
- ☐ Internet access to show the CeQur Simplicity Quick Start Training Video (Optional)

☐ Step 1: Prepare

- Name and show supplies to be gathered
- List the insulin brands approved for use
- Explain the information to be checked on the patch packaging
- Illustrate steps to prevent infection
- Open the wearable insulin patch packaging and remove the inner tray

☐ Step 2: Fill

- Explain the minimum and maximum fill amounts
- Calculate amount of rapid-acting insulin required to fill the patch, based on daily dosage and 3-day maximum wear time
- Show attaching the capped needle to the fill syringe and filling the syringe
- Demonstrate filling the wearable insulin patch, including proper syringe disposal

☐ Step 3: Prime

- Exhibit removing air/bubbles from the patch before priming
- Demonstrate priming the patch by clicking the tan buttons 4 more times

☐ Step 4: Place Sticker

- Explain how to determine when wearable insulin patch should be replaced
- Demonstrate selecting the appropriate CHANGE BY sticker and placing it on the patch

☐ Step 5: Prepare Site

- Describe recommended sites, site rotation, and position of patch on the body
- Describe products to avoid and steps to ensure adhesive performance
- Show how to prepare a clean, dry site on the body and which products to avoid to ensure adhesive performance

☐ Step 6: Place On Body

- Explain the purpose of the reusable Inserter and use of the yellow safety button and green button
- Show placement of the patch in the Inserter, and warn not to unlock and press the green button until the Inserter is positioned properly
- Instruct removal of the blue cap and plastic liner, and warn not to point the needle at your face or at other people
- Provide example of patch placement
- Show how to properly adhere the patch after insertion
- Demonstrate how to secure the patch following application with the Inserter




When Ready To Dose:

- Show that each click delivers 2 units of rapid-acting insulin; count by “2s” when using the Dose Count Card
- Explain that the first dose of a new patch delivers 1.7 units of insulin, not 2 units
- Show how to dose different amounts of insulin
- Instruct to check the patch daily to ensure proper attachment and timely replacement
- Explain the need to wait several hours after application for proper adhesion
- Show how to remove and dispose the patch after 3 days of wear

CeQur Simplicity Safety Features

- Pushing one button will not deliver any insulin. Two buttons must be completely squeezed.
- When buttons lock, the patch needs to be removed. The last dose may be less than 2 units.
- Refer to the User Guide for other warnings, cautions, and troubleshooting.

Post-training Reminders

-  CeQur Cares™ is available at cequrcare@cequr.com or 1-888-55CeQur (1-888-552-3787)
-  The CeQur Simplicity Quick Start Video is available at myceqursimplicity.com/resources-support
-  Promptly fill prescription for CeQur Simplicity 10 count with (10) 2U patches (NDC Code: 73108000001) and, if needed, a prescription for rapid-acting insulin in a vial

Trainer Name _____

Trainee Name _____

Signature _____

Signature _____

Date _____

Date _____



Scan here to view
the CeQur Simplicity
Quick Start Video

CeQur Simplicity™
[Wear The Revolution™]