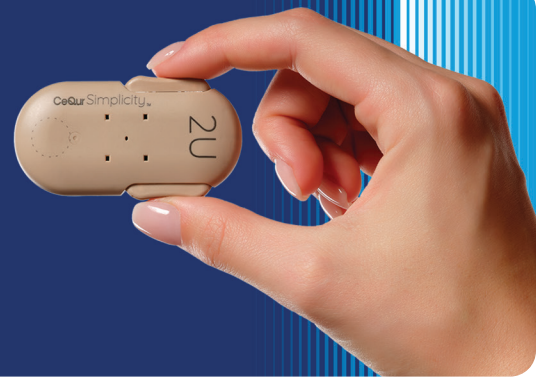


# Training Checklist

The numbered Steps on the checklist match those in the Quick Start Guide

Have your patients read the [User Guide](#) and [Quick Start Guide](#) before the training



## Prepare For Training

### Be sure to have:

- CeQur Simplicity™ patch and Inserter
- Vial of rapid-acting insulin or sterile diluent for demonstration
- Alcohol wipes, sharps container, and practice cushion
- Internet access to show the CeQur Simplicity Quick Start Training Video (Optional)

### Step 1: Prepare

- Name and show supplies to be gathered
- List the insulin brands approved for use
- Explain the information to be checked on the patch packaging
- Illustrate steps to prevent infection
- Open the wearable insulin patch packaging and remove the inner tray

### Step 2: Fill

- Explain the minimum and maximum fill amounts
- Calculate amount of rapid-acting insulin required to fill the patch, based on daily dosage and 4-day maximum wear time
- Show attaching the capped needle to the fill syringe and filling the syringe
- Demonstrate filling the wearable insulin patch, including proper syringe disposal

### Step 3: Prime

- Exhibit removing air/bubbles from the patch before priming
- Demonstrate priming the patch by clicking the tan buttons 4 more times

### Step 4: Place Sticker

- Explain how to determine when wearable insulin patch should be replaced
- Demonstrate selecting the appropriate CHANGE BY sticker and placing it on the patch

## Step 5: Prepare Site

- Describe recommended sites, site rotation, and position of patch on the body
- Describe products to avoid and steps to ensure adhesive performance
- Show how to prepare a clean, dry site on the body and which products to avoid to ensure adhesive performance

## Step 6: Place On Body

- Explain the purpose of the reusable Inserter and use of the yellow safety button and green button
- Show placement of the patch in the Inserter, and warn not to unlock and press the green button until the Inserter is positioned properly
- Instruct removal of the blue cap and plastic liner, and warn not to point the needle at your face or at other people
- Provide example of patch placement
- Show how to properly adhere the patch after insertion
- Demonstrate how to secure the patch following application with the Inserter

## When Ready To Dose:

- Show that each click delivers 2 units of rapid-acting insulin; count by “2s” when using the Dose Count Card
- Explain that the first dose of a new patch delivers 1.7 units of insulin, not 2 units
- Show how to dose different amounts of insulin
- Instruct to check the patch daily to ensure proper attachment and timely replacement
- Explain the need to wait several hours after application for proper adhesion
- Show how to remove and dispose the patch after 4 days of wear

## CeQur Simplicity Safety Features

- Pushing one button will not deliver any insulin. Two buttons must be completely squeezed.
- When buttons lock, the patch needs to be removed. The last dose may be less than 2 units.
- Refer to the User Guide for other warnings, cautions, and troubleshooting.

## Post-training Reminders

- 📧 CeQur Cares™ is available at [cequrcare@cequr.com](mailto:cequrcare@cequr.com) or 1-888-55CeQur (1-888-552-3787)
- 📺 The CeQur Simplicity Quick Start Video is available at [myceqursimplicity.com/resources-support](http://myceqursimplicity.com/resources-support)
- 📄 Promptly fill prescription for CeQur Simplicity 2U 4-Day (8 patches), NDC/NRC Code: 73108-0000-08, and, if needed, a prescription for rapid-acting insulin in a vial

Trainer Name \_\_\_\_\_

Trainee Name \_\_\_\_\_

Signature \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

Date \_\_\_\_\_



Scan here to view  
the CeQur Simplicity  
Quick Start Video

**CeQur** Simplicity™