

Training Checklist

The numbered Steps on the checklist match those in the Quick Start Guide

Have your patients read the [User Guide](#) and [Quick Start Guide](#) before the training



Prepare for training – have these items ready:

- CeQur Simplicity™ Starter Kit
- Vial of rapid-acting insulin or sterile diluent for demonstration
- Alcohol wipes, sharps container, and practice cushion
- Internet access to show the CeQur Simplicity Quick Start Training Video (optional)

Step 1: Prepare

- Name and show supplies to be gathered
- List the insulin brands approved for use
- Explain the information to be checked on the patch packaging
- Illustrate steps to prevent infection
- Open the wearable insulin patch packaging and remove the inner tray

Step 2: Fill

- Explain the minimum and maximum fill amounts
- Calculate amount of rapid-acting insulin required to fill the patch, based on daily dosage and 3-day maximum wear time
- Show attaching the capped needle to the fill syringe and filling the syringe
- Demonstrate filling the wearable insulin patch, including proper syringe disposal

Step 3: Prime

- Exhibit removing air/bubbles from the patch before priming
- Demonstrate priming the patch by clicking the tan buttons 4 more times

Step 4: Place sticker

- Explain how to determine when wearable insulin patch should be replaced
- Demonstrate selecting the appropriate CHANGE BY sticker and placing it on the patch



Scan here to view
the CeQur Simplicity
Quick Start Video

CeQur Simplicity™
[Wear The Revolution™]

Step 5: Prepare site

- Describe recommended sites, site rotation, and position of patch on the body
- Describe products to avoid and steps to ensure adhesive performance
- Show how to prepare a clean, dry site on the body and which products to avoid to ensure adhesive performance

Step 6: Place on body

- Explain the purpose of the reusable Inserter and use of the yellow safety button and green button
- Show placement of the patch in the Inserter, and warn not to unlock and press the green button until the Inserter is positioned properly
- Instruct removal of the blue cap and plastic liner, and warn not to point the needle at your face or at other people
- Provide example of patch placement
- Show how to properly adhere the patch after insertion
- Demonstrate how to secure the patch following application with the Inserter




When ready to dose:

- Show that each click delivers 2 units of rapid-acting insulin; count by “2s” when using the Dose Count Card
- Explain that the first dose of a new patch delivers 1.7 units of insulin, not 2 units
- Show how to dose different amounts of insulin
- Instruct to check the patch daily to ensure proper attachment and timely replacement
- Explain the need to wait several hours after application for proper adhesion
- Show how to remove and dispose the patch after 3 days of wear

CeQur Simplicity safety features

- Pushing one button will not deliver any insulin. Two buttons must be completely squeezed.
- When buttons lock, the patch needs to be removed. The last dose may be less than 2 units.
- Refer to the User Guide for other warnings, cautions, and troubleshooting.

Post-training reminders

-  Customer Care is available at cequrcare@cequr.com or 1-888-55CeQur (1-888-552-3787)
-  The CeQur Simplicity Quick Start Video is available at myceqursimplicity.com/resources-support
-  Promptly fill prescription for CeQur Simplicity 10 count with (10) 2U Patches (NDC Code: 73108000001) and, if needed, a prescription for rapid-acting insulin in a vial

Trainer Name _____ Trainee Name _____

Signature _____ Signature _____

Date _____ Date _____