

# CeQur Simplicity™

## 3-Day Insulin Patch



### TRAINING CHECKLIST

Use this checklist and the CeQur Simplicity Quick Start Guide for training on the CeQur Simplicity Insulin Patch.

### PREPARE FOR TRAINING — HAVE THESE ITEMS READY:

- ☐ CeQur Simplicity Starter Kit
- ☐ Vial of rapid-acting insulin or sterile diluent to demonstrate the filling and priming process
- ☐ Alcohol wipes and sharps container
- ☐ Practice cushion

#### Optional:

1. Internet access if you would like to show the CeQur Simplicity Quick Start Guide Video
2. Other insulin or diabetes management training support materials

**The numbered sections on the checklist match those in the Quick Start Guide for easy identification of details to be covered.**

#### ■ Getting Started

- Describe what the CeQur Simplicity Patch is used for and insulin brands approved for use with CeQur Simplicity
- Ensure patient acknowledges reading, or intends to read, the CeQur Simplicity User Guide and Quick Start Guide prior to using the CeQur Simplicity Patch

#### ■ 1 Prepare

- Name and show supplies to be gathered
- Explain and indicate the information to be checked on the Patch packaging
- Demonstrate steps to prevent infection
- Demonstrate opening the Patch packaging and removing the inner tray

#### ■ 2 Fill

- Explain how to determine length of time the Patch will be worn
- Explain the minimum and maximum fill amounts
- Calculate amount of rapid-acting insulin to fill the Patch based on daily dosage and 3-day maximum wear time
- Demonstrate attaching the capped needle to the Fill Syringe and filling the syringe
- Demonstrate filling the Patch, including proper syringe disposal

### 3 Prime

- Demonstrate removing air/bubbles from the Patch before priming
- Demonstrate priming the Patch by squeezing the Tan Buttons 4 more times

### 4 Place Sticker

- Explain how to determine when the Patch should be replaced
- Demonstrate selecting the appropriate CHANGE BY Sticker and placing it on the Patch

### 5 Prepare Site

- Describe recommended sites, site rotation, position of the Patch on the body, and other points
- Describe products to avoid and steps to ensure adhesive performance
- Demonstrate site preparation to create a clean and dry site

### 6 Place on Body

- Explain the purpose of the reusable Inserter and use of the Yellow Safety Button and Green Button
- Demonstrate placement of the Patch in the Inserter and explain **warning not to unlock and press the Green Button until the Inserter is positioned properly on the body**
- Demonstrate removal of the Blue Cap and plastic liner and explain **warning not to point the Introducer Needle at the face or other people**
- Demonstrate placement of the Patch on a practice cushion
- Demonstrate removal and proper disposal of the Red Cap
- Demonstrate how to secure the Patch following application with the Inserter

### WHEN READY TO DOSE

- Explain 2 units are delivered each time the two buttons have been properly squeezed and a click is heard
- Explain counting by “2s” for dosing using the Dose Count Card as a reference
- Explain delivery of 1.7 units of insulin, instead of 2 units, on the first dose of a new Patch
- Demonstrate delivery of 8 units of insulin or other dose example
- Describe how to check the Patch daily to ensure proper attachment and timely replacement
- Explain for best adhesive performance to keep the Patch dry for several hours after application
- Demonstrate removal and disposal of the Patch

### SAFETY FEATURES

- Explain that squeezing one button will not deliver any insulin
- Describe what to do when buttons lock and that the last squeeze of the buttons may have delivered less than 2 units
- Referencing the User Guide, discuss other Warnings, Cautions and Troubleshooting

### Post-Training Patient Reminders

- 📞 Customer Care is available at MyCeQurSimplicity.com or 1-888-55CeQur (1-888-552-3787)
- 📺 CeQur Simplicity Quick Start Guide Video is available at MyCeQurSimplicity.com
- 📄 Promptly fill prescription for CeQur Simplicity 10 Pack with 10 2U Patches (NDC Code: 73108000001) and, if needed, a prescription for rapid-acting insulin in a vial

TRAINER Name : \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

TRAINEE Name : \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_